New Mexico Telehealth Alliance

nmtelehealth.org

Stetson Berg, MHA

- **Chair**, NM Telehealth Alliance Immediate

- **Digital Strategy and Innovation Manager**, CVS Health

- **Past Vice President**, NM Health Information & Management Systems Society

- **Past President**, NM Healthcare Executives

New Mexico Telehealth Alliance

Who We Are

Stetson Berg, MHA, Board Chair, CVS Health

Alex Carter, PA, Vice Chair, Physician Assistant

Christine David, MBA, Secretary, Presbyterian Healthcare Services

Beth Landon MBA, MHA, Past Chair, Landon & Associates

Jerry Harrison, PhD, Treasurer, New Mexico Health Resources

Bob Longstreet, NM Primary Care Association

Maggie McCowen, LIS, NM Behavioral Health Providers' Assn

Monica Marthell, DHA, BlueCross BlueShield of New Mexico

Anneke Stienstra, MPH, United Healthcare Community and State

Gisela Bartolome, MBA, SYNCRONYS

Maggie Gunter, PhD, Lovelace Respiratory Research Institute

Dale Alverson, MD, Past Chair, UNM Center for Telehealth

Kate Berg, MHA, UNM ACCESS

Geof Empey, MAS PopH, UNM Center for Telehealth

Niles McCall, MLS, NM Medical Society

Jennifer Sandoval, MHA, Molina Healthcare

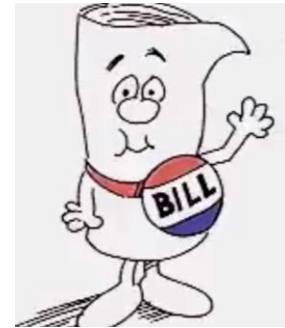Executive Committee

www.nmtelehealth.org

What We do – Policy NM

- Overcomes geographic, time, social and economic barriers to care delivery

- Key components:
  - Parity in coverage and reimbursement for services delivered via telemedicine or in-person
  - Eliminates distance barriers
  - Does not allow insurance companies to limited telemedicine to in-network providers
  - Prevents health plans from imposing annual or lifetime maximum for service coverage

SB69 – sponsored by
- Senator Ortiz y Pino

2013

2019

SB354 – sponsored by
- Senator Ortiz y Pino

NMTHA

What We do – Access/Technology

SWTAG – *Southwest Telehealth Access Grid*

- Southwest Telehealth Access Grid (SWTAG) - USAC-approved consortium
- Assisting hospitals, FQHCs, skilled nursing and DOH sites to access the USAC subsidy for equipment and broadband
- $581M and counting
- Up to 65% subsidy on broadband cost or eligible equipment
- Consortium may be urban and rural providers, with a rural majority
- Rural health clinics, hospitals, skilled nursing, public health departments, FQHCs, community mental health centers, off site data centers, and administrative locations

NMTHA

What We do – Education

Webinars

Resources

Toolkits

Templates

Best Practice Guidelines

General Resources

Workgroups

Connections and Directory for problem solving

NMTHA

Telehealth Definition & State Law

"the use of electronic information, imaging and communication technologies, including interactive **audio**, **video**, **data communications as well as store-and-forward** technologies, to provide and support health care delivery, diagnosis, consultation, treatment, transfer of medical data and education."

- Video

- Phone

- Asynchronous
  - Patient Portal, SMS, Email, Message, Chat

- Remote Patient Monitoring

This is only for fully-insured health plans regulated by the NM OSI, and for NM State employee, public school, and retiree health plans. It does not apply to Medicaid, Medicare, other federal health plans, or self-insured health plans.

https://www.nmtelehealth.org/audio-only-update

NMTHA

Resources

Center for Connected Health Policy
- https://www.cchpca.org

NMPS (telehealth page coming soon)
- https://www.nmaap.org

NM Telehealth Alliance
- https://www.nmtelehealth.org

SW Telehealth Rescource Center
- https://southwesttrc.org

NMTHA
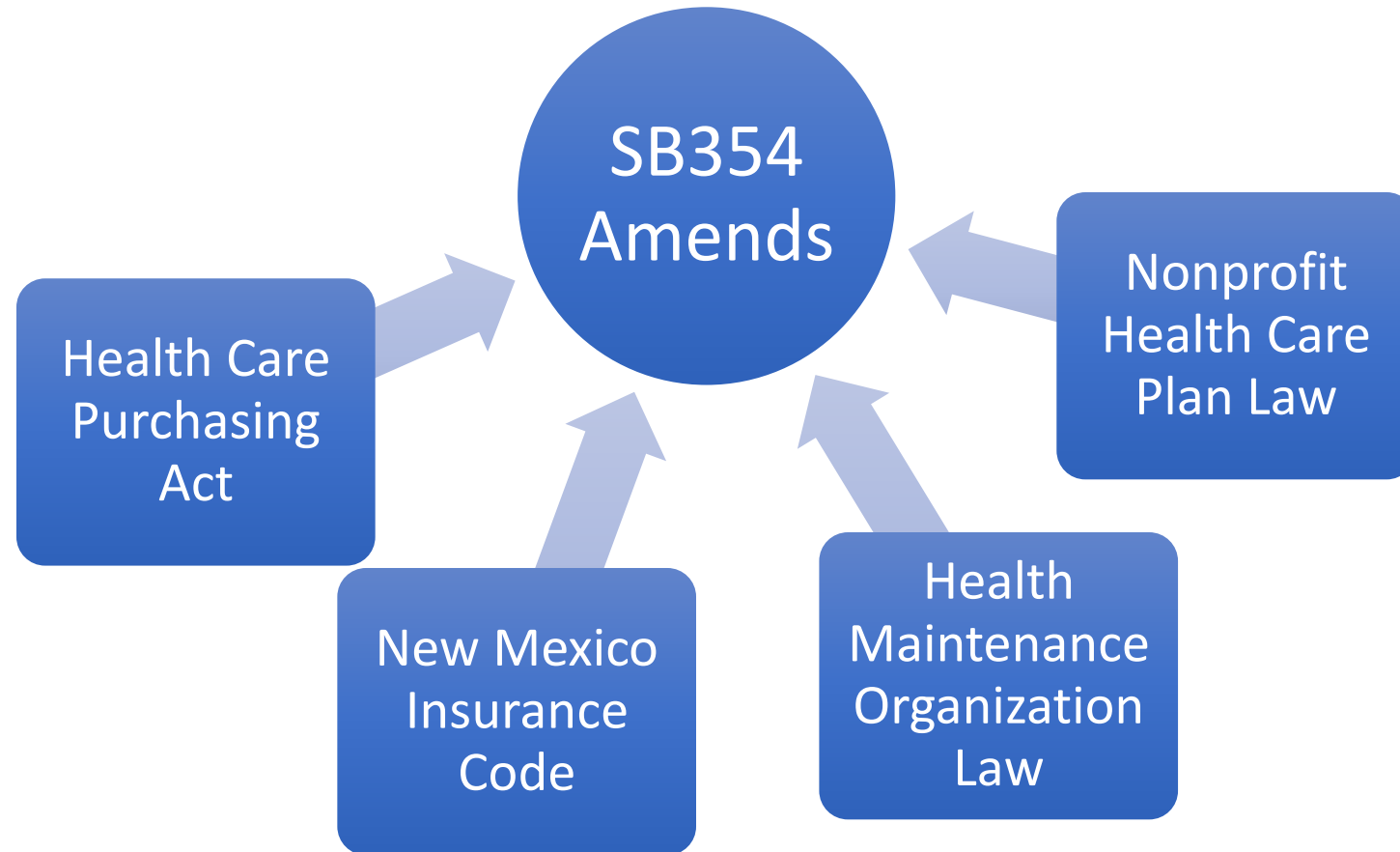
Questions?

Stetson Berg

Stetson.berg@gmail.com

NMTHA

Telehealth Billing Considerations
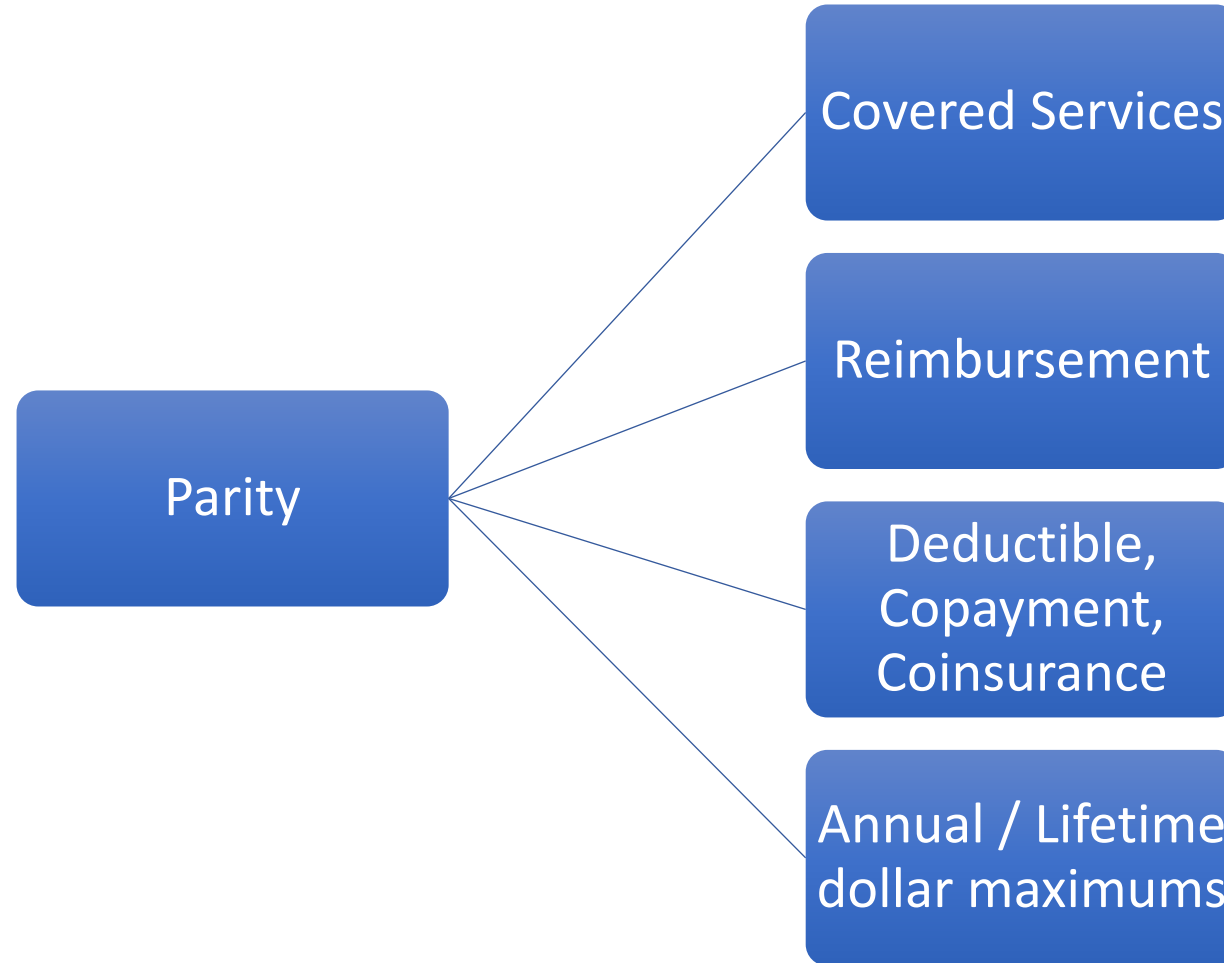
- Provider location

- Patient location

- Provider type

- Service/CPT code

- New/existing patient

- Modality/billing modifier

- Insurance

NMTHA

SB 354: Health Coverage via Telehealth

SB354 Amends

- Health Care Purchasing Act
- New Mexico Insurance Code
- Health Maintenance Organization Law
- Nonprofit Health Care Plan Law

NMTHA

SB 354: Health Coverage via Telehealth

Same as in person

Parity

Covered Services

Reimbursement

Deductible, Copayment, Coinsurance

Annual / Lifetime dollar maximums

www.nmtelehealth.org

NMTHA

SB 354 and CMS regulation relaxation

Location
- NO geographic limits: rural AND urban
- **CMS reg relaxation also allows**

Delivery
- Real time or asynchronous, audio / visual and store and forward
- **CMS reg relaxation allows telephonic too**

Eligible Providers
- Health care professionals working within the scope of their professional license
- **CMS reg relaxation also allows**

Remote Patient Monitoring
- State coverage
- **CMS expanded**

NM OSI and Medicaid authorized local plans to match CMS flexibility

www.nmtelehealth.org

NMTHA